



WILDERNESS

PENDUKA – A WINDHOEK CULTURAL IMMERSION

Get creative and support Namibian women

The co-operative Penduka – meaning ‘wake up’ – empowers women from marginalised communities through skills training in arts and crafts and entrepreneurship. Spend a few hours with them, either on a guided tour or hands-on crafting and other participatory activities. Hear their stories of resilience. Be inspired.



DANCE, COOK, PAINT, LEARN



A 1-1.5-hour standard Centre Visit at Penduka takes you around the co-op and into its workshops, with an overview of its initiatives. Spend 3-4 hours here and share the joy of creation, in batik painting, jewellery making, authentic Oshiwambo cooking, sharing a meal with the co-op makers, or a cultural dance performance.

Highlights: An authentic cultural exchange • a range of participatory, creative activities • the opportunity to shop for unique crafts made by the women, thereby supporting them

Inclusions: For the standard option, a guided visit to the Women's Centre and workshops • return transfers from Windhoek accommodation • bottled water. For the participatory option, all of the above, plus participation in two cultural activities • material and equipment for these activities • on-site facilitation